Spotlight on bowel cancer

Bowel cancer is the third most common cancer

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The UK is a world leader in clinical trials

30,000 bowel cancer patients volunteered in research trials since 2001

7,000 bowel cancer patients volunteered in research trials in 2011 alone

18 per cent of all bowel cancer patients volunteering to be in a research trial

“It’s an incredible achievement and is unequalled in the world”

Professor Matt Seymour, Director, National Clinical Research Network

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Continued research means death rates keep dropping

...thanks to improvements in prevention and screening...

Since 1971, deaths due to bowel cancer have dropped from 29 in every 100,000 people to 17

Reducing bowel cancer risk

Bowel cancer can be linked to lifestyle. It’s less common among people who:

- Eat less red or processed meat
- Keep a healthy body weight
- Eat a high fibre diet
- Drink less alcohol
- Don’t smoke

For more on the causes of cancer you can control, see http://scienceblog.cancerresearchuk.org/the-causes-of-cancer-you-can-control

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You can get checked out

See your GP if you’ve had...

- Blood in your stools
- Looser or more frequent bowel motions
- Over the last three weeks.

To learn more about bowel cancer, go to: http://cancerhelp.cancerresearchuk.org/type/bowel-cancer/

You can support research

We receive no government funding for our research, and rely entirely on our generous supporters. There are lots of ways you can help save lives by supporting our research. To find out how, go to: http://supportus.cancerresearchuk.org

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Together we will beat cancer

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